



On the 19th of March around midnight, the word of the Lord came to Cath as she sought the Lord in prayer regarding a permanent building, land or establishment for our church community. The Lord spoke specifically 'Call a forty day fast, to the whole church body'.... This word was held in prayer for a few weeks and confirmed several times in the eldership team. The Lord is calling us to come together in ONE ACCORD in an intentional ONENESS as we pursue the heart of the Father for the future of Sanctuary. This fast has the opportunity to bring tremendous personal and corporate breakthrough and we are believing the Spirit will lead us and guide us into the next phase of our community establishing long term roots in this Blue Mountain soil.

We are inviting our whole community to be apart of this fast. Feel free to participate as you are led to. It is not compulsory for anyone but we encourage everyone to prayerfully consider joining us in this at whatever capacity you can and are called to.

Our hearts (not physical ) get tender as we forgo the things we usually do, for some that will be food or types of food, for others it may be technology or such a thing that you can go without. We encourage each individual to be wise and seek the Lord. We recommend that this fast for food or food types be for adults only. Children under the age of 18 and those members in the community with health issues are asked to fast another way during this 'set aside' period of forty days. Each person is encouraged to be accountable in this time to help them journey through, especially as we walk together 'in-step' with the Holy Spirit.

Attached you will find a guide for each week of the fast with a focus and scriptures to help you each day as 'we link arms' in this Holy time. Fasting isn't a shortcut to breakthrough or a quick fix for lack of spiritual fervour, it is a personal and corporate journey into relationship with the Lord. The intentional giving up during this time is a response to His love and the rulership we want Him to have over every aspect of our lives. We hope and pray that this time will be greatly beneficial to you as a son or daughter of God and that this would bring forth even 'deeper unity in our community through the opportunity to further embrace the eternal security' we have in the Father, the Son and the Spirit.

**PLEASE FORWARD ALL WORDS, DREAMS SCRIPTURES etc....** During this time we will be collating what the Lord is saying to us as a body. Please email or text us with reference 'Sanctuary Fast' with the date you received the word.

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Love and peace in Christ,  
Sanctuary Leadership team.

**Week 1**  
**Monday May 10 - Sunday May 16**



**Scriptures**

***Psalms 16:5-6 TPT***

“Yahweh, you alone are my inheritance. You are my prize, my pleasure, and my portion. You hold my destiny and its timing in your hands. Your pleasant path leads me to pleasant places. I’m overwhelmed by the privileges that come with following you!”

***Read Psalm 27:7-8***

Seek intimacy, enjoy the presence of God during this time like Jesus did. Learn to sit and wait in His presence

**Focus**

*Lord Jesus Christ we come to you, postured before You alone. We commit this holy time to You Lord and the plans You will release to our Sanctuary family.*

**Scriptures**

***2 Corinthians 5:17 TPT***

“Now, if anyone is enfolded into Christ, he has become an entirely new person. All that is related to the old order has vanished. Behold, everything is fresh and new.”

***Read Matt 6:17-18***

Be alone, talk with God ask for strength to commit to the fast journey.

**Focus**

*Positioned in rest and peace we draw attention to Your voice Abba, to your unctions and to Your direction. We long to be, long to live and long to move in step with you. Help us Father God to know our place in You.*

**Scriptures**

***Acts 1:12-14***

“With one accord they all continued in prayer”

***Luke 2:37-38***

***Prophet Annas preparation.***

“She never left the temple but worshiped night and day, fasting and praying. Coming up to them at that very moment, she gave thanks to God and spoke about the child to all who were looking forward to the redemption of Jerusalem.”

**Focus**

*Holy Spirit, help Sanctuary ready itself for the depths of Your heart that we have not yet discovered. Show us how to rend our hearts so that we may experience Your cascading love. Bind us all together in this great love as we have laid ourselves down for your Kingdoms cause.*

**Week 2**  
**Monday May 17 - Sunday May 23**



**Scriptures**

**Isaiah 40 v 3 - NLT**

“Listen! It’s the voice of someone shouting, “Clear the way through the wilderness for the LORD! Make a straight highway through the wasteland for our God!”

**Isaiah 55:8-9 ESV**

“For my thoughts are not your thoughts, neither are your ways my ways, declares the Lord. For as the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.”

**Focus**

*Jesus Christ you are the Way, the Truth and the Life. We stand together knowing that we are completely Yours, set apart and surrendered, intentionally seeking Your signposts that lead us into all you have purposed for this family.*

**Scriptures**

**1 John 5:14**

“This is the confidence which we have before Him, that, if we ask anything according to His will, He hears us.”

**Psalms 143:10**

“Teach me to do Your will, For You are my God; Let Your good Spirit lead me on level ground.”

**Romans 12:2 ESV**

“Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.”

**Focus**

*On earth as it is in heaven Lord God! May your WILL be accomplished here in Sanctuary. Align us in all our senses today and throughout this holy time.*

**Scriptures**

**Joshua 3:5**

**Fast for spiritual purposes**

“Joshua told the people, “Consecrate yourselves, for tomorrow the Lord will do amazing things among you.”

**Acts 13:2**

**The worth of the worker and the practice of fasting.**

“While they were ministering to the Lord and fasting, the Holy Spirit said, “Set apart for Me Barnabas and Saul for the work to which I have called them.”

**Focus**

*You God are worthy of all honour and glory and praise. We hear Your words over our church family today and believe in this listening that we be challenged to come into the fullness of faith that is required to see the worth of your glorious Kingdom through each of us as your Bride.*

**Week 3**  
**Monday May 24 - Sunday May 30**



**Scriptures**

**Ezra 8:21**

“Then I proclaimed a fast there at the river of Ahava, that we might humble ourselves before our God to seek from Him a safe journey for us, our little ones, and all our possessions.”

**Zechariah 14:9**

“And the Lord will be king over all the earth; in that day the Lord will be the only one, and His name the only one.”

**Ephesians 4:6**

“one God and Father of all who is over all and through all and in all.”

**Focus**

*The Lord protect us and grant us safe passage into the new land.... A place we have not yet seen but we believe for. There is no one like you in all the universe Lord Jesus. Thank you for being the One who IS.*

**Scriptures**

**Luke 11:9**

“So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.”

**Read Esther 4**

Esther called a corporate fast throughout the land to the people. The breakthrough and favour is always in His timing and the faith of His vessel to move when called. She entered the inner chamber of the heart of God.

**Focus**

*Let us keep our eyes upon the ONE today. Resist distractions that are coming our way so that we can step into the inner chamber of the heart of God. He is for us, He is FOR this family. He has prepared a place for us! Amen!*

**Scriptures**

**James 2:19**

You believe that God is one. You do well; the demons also believe, and shudder.

**Revelation 1:8**

“I am the Alpha and the Omega,” says the Lord God, “who is and who was and who is to come, the Almighty.”

**Revelation 19:11-13**

“Then I saw heaven opened, and behold, a white horse! The one sitting on it is called Faithful and True ..... and the name by which he is called is The Word of God.”

**Focus**

*Even the demons believe AND shudder! So we come against doubt and fear today and we remind ourselves in great courage who we are accountable to. We shall not bow to the gods of man but to the One called Faithful and True! Have your way in us!*

**Week 4**  
**Monday May 31 - Sunday June 6**



**Scriptures**

**1 Thessalonians 5:16-21**

“Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Do not quench the Spirit. Do not despise prophecies, but test everything; hold fast what is good.”

**Isaiah 10:27 (KJV)**

“And it shall come to pass in that day, that his burden shall be taken away from off thy shoulder, and his yoke from off thy neck, and the yoke shall be destroyed because of the anointing.”

**Focus**

*Speak God’s Word, pray in the Spirit and stand in faith. God the Breaker will break off and destroy every yoke, roadblock, obstacle and release to us fulfilled dreams. Every promise is fulfilled and lived as we Behold His plan!*

**Scriptures**

**1 Peter 1:19-21 ESV**

“but with the precious blood of Christ, like that of a lamb without blemish or spot. He was foreknown before the foundation of the world but was made manifest in the last times for the sake of you who through him are believers in God, who raised him from the dead and gave him glory, so that your faith and hope are in God.”

**Read Matthew 17:1-13**

Mediate in this passage on the view of the relationship between the Father and the Son. What rich Union!

**Focus**

*The Oneness of the trinity, Father, Son and Spirit captures our attention today as we are empowered to lay our own agenda down and join in the perichoresis (the divine dance) in the midst of this Oneness.*

**Scriptures**

**Acts 7:55-56 ESV**

“But he, full of the Holy Spirit, gazed into heaven and saw the glory of God, and Jesus standing at the right hand of God. And he said, “Behold, I see the heavens opened, and the Son of Man standing at the right hand of God.”

**Ephesians 2:6**

“For he raised us from the dead along with Christ and seated us with him in the heavenly realms because we are united with Christ Jesus.”

**Focus**

*We come boldly today and announce and proclaim Your magnificence Jesus. To be seated in heavenly places with you is an honour that we cannot fully comprehend but oh how grateful we are to be chosen by You. Keep us strong and steady in You today Lord.*

**Week 5 & 6**  
**Monday June 7 - Saturday June 19th**



**Scriptures**

**2 Samuel 5:20-21**

“And David came to Baal-perazim, and David defeated them there. And he said, “The Lord has broken through my enemies before me like a breaking flood.” Therefore the name of that place is called Baal-perazim. And the Philistines left their idols there, and David and his men carried them away.”

**Isaiah 22:22-23**

“And I will place on his shoulder the key of the house of David. He shall open, and none shall shut; and he shall shut, and none shall open. And I will fasten him like a peg in a secure place, and he will become a throne of honour to his father’s house.”

**Focus**

*We seek divine access God! Keys in the spirit to unlock, release and open up all that you have prepared for this Sanctuary family. We bind and loose as we stand upon your truth. All power and authority is Yours King Jesus, Saviour of the world!*

**Scriptures**

**Psalms 24:7-10**

“Lift up your heads, you gates; be lifted up, you ancient doors, that the King of glory may come in. Who is this King of glory? The Lord strong and mighty, the Lord mighty in battle. Lift up your heads, you gates; lift them up, you ancient doors, that the King of glory may come in. Who is he, this King of glory? The Lord Almighty— he is the King of glory.”

**Micah 2:13**

“The One who breaks open the way will go up before them; they will break through the gate and go out. Their King will pass through before them, the Lord at their head.”

**Focus**

*As we draw near to the end of our fast, we believe for spiritual breakthrough for all that lies ahead. We faithfully understand that our Lord God has gone before us and has broken through! Thanks be to God!*

**Scriptures**

**Daniel 7:9-10**

“As I looked, thrones were placed, and the Ancient of Days took his seat; his clothing was white as snow, and the hair of his head like pure wool; his throne was fiery flames; its wheels were burning fire. A stream of fire issued and came out from before him; a thousand thousands served him, and ten thousand times ten thousand stood before him; the court sat in judgment, and the books were opened.”

**Isaiah 43:13**

“Yes, and from ancient days I am he. No one can deliver out of my hand. When I act, who can reverse it?”

**Focus**

*We look to You oh Lord who existed from the beginning of time itself. Ancient of Days You are. We yield completely & thank you for this opportunity to come before you as body of laid down lovers desiring Your Will and Your Way ahead. We thank you God for soil that has been toiled before us by saints who have entered eternity, we choose to run the race and win in You.*